



UW-MADISON EXTENSION

Quilting Project

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What is it All About?

Have you ever wondered the history of a quilt in a museum or one hanging on a wall in your house? This project is designed to help you learn about quilts and gain a deeper appreciation of the art of quilt making. The 4-H quilting project lets you explore your creativity and strengthen your self-confidence while keeping alive a historical pastime, tradition, and craft.

Grow in Your Project

Starting Out

- Learn about the history of quilts in your family.
- Research methods of displaying quilts.
- Know the basic items you need to start quilting.
- Learn about geometric elements.
- Learn about batting and how it is used.
- Shop for quilting supplies.

Learning More

- Learn how to tie and bind a quilt.
- Learn how to use a rotary cutter.
- Learn different quilting patterns.
- Learn about advanced quilting tools and special quilting gadgets.

Going Further

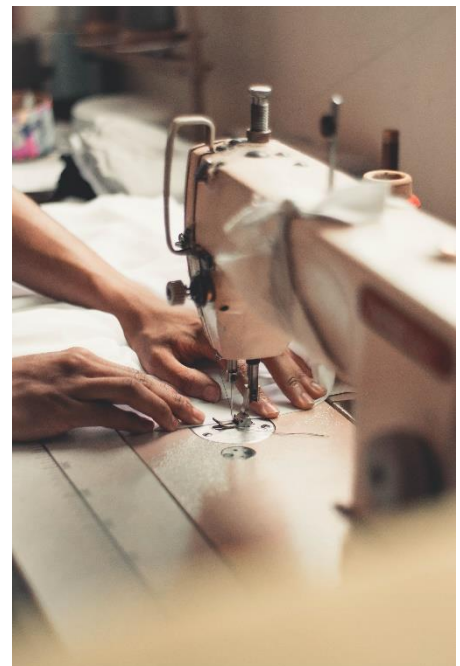
- Learn about color theory and color science.
- Challenge yourself with difficult quilting patterns.
- Use hand and machine quilting methods.
- Learn the different sizes of quilts.
- Identify quilting related careers.

Resources for All Three Levels

- [You Can Quilt!](#)
- [Quilting the Best Better](#)

Take Your Project Further!

- Attend a quilting workshop or clinic in your area.
- Go to a quilt show.
- Host a fabric exchange.
- Learn about how to become a certified quilt appraiser.
- Interview quilters and find what quilting method they enjoy best.
- Visit a fabric store.
- Use recycled materials from your home or a thrift store to create a quilt.
- Explore computer aided designs for blocks and layout ideas.
- Design an experiment to test the durability, stain-resistance, or color fastness of fabric.
- Explore how math and quilting go hand in hand.
- Study the use of quilts in staying warm before central heating.
- Investigate how to properly clean, launder, and care for quilts.



*Resources available at your local Extension office or shop4-H.org.

Applying Project Skills to Life

Enhance Your Communication Skills

- Demonstrate quilt piecing at a club meeting.
- Talk with family and friends about quilts in their home, find out the history.

Get Involved in Citizenship and Service

- Make a mini-quilt for your neonatal unit at your hospital.
- Make a comfort pillow for a local hospice group.

Learn about Leadership

- Organize a community quilting event.
- Teach someone how to select fabrics for a quilt.
- Invite an experienced quilter to talk at your club meeting.

Showing What You've Learned

- Make a quilt.
- Design a dream sewing machine and compare it with machines already on the market.
- Make a display comparing hand and machine quilting methods.
- Do a display on the history of your favorite family quilt.
- Design your own quilt squares, exhibit your sketches or actual quilt squares.
- Make a notebook of your favorite quilt patterns.
- Make a display that defines complementary colors.
- Make a display about how quilting is linked to agriculture.
- Create a quilting basics kit for display.
- Make a comparison chart of sewing tools versus quilting tools.
- Do a display on the history of quilting.



Adapted with permission from Wyoming State 4-H, Project Information Sheet, Quilting. Retrieved from: <https://www.uwyo.edu/4-h/projects/expressive-arts/quilting.html>.

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